This grid is representative of programs that are available in many areas of the state, however, not all programs may be available in all geographic areas. Similarly, this grid is not comprehensive; many areas of the state may have additional unique community-led early learning programs, particularly programs that may have specific cultural or linguistic focuses.

Age of Child

<table>
<thead>
<tr>
<th>How To Explain the Program Quickly</th>
<th>First-time mothers who are less than 28 weeks pregnant and meet income guidelines.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parents to process or understand a new diagnosis, manage appointments, and locate and connect with providers, therapists, medical insurance, or financial support.</td>
<td></td>
</tr>
</tbody>
</table>

How To Access

1. Contact the office or program directly.
2. Call the Early Learning Resource Center for assistance.
3. Contact your local Early Learning Resource Center for assistance.
4. Contact your local Early Learning Resource Center for assistance.

Service Delivery and Location of Service

| In-home, service delivery model varies. |
| In-home, clinic-based, or telephone: Determined by caregiver and care coordinator based on family’s identified needs. |
| In-home, clinic-based, or telephone: Determined by caregiver and care coordinator based on availability and needs of child. |
| Office-based or home-based (some agencies). Determined by caregiver and clinic based on availability and needs of child. |
| In-home (except at request for alternate location). One child 60-minute sessions, twice monthly. |
| Two or more children: 90-minute sessions, twice monthly. |
| In-home (except at request for alternate location). Frequency varies based on needs of child. |
| In-home (except at request for alternate location). Frequency varies based on needs of child. |
| In-home (except at request for alternate location). Frequency varies based on needs of child. |
| In-home (except at request for alternate location). Frequency varies based on needs of child. |
| Center-based: Weekly 90-minute home visits. Center-based: Part-day (4 days/week, 3 hours/day). School-day (8 hours/day, at least 4 days/week). Working-day (5 days/week, 10 hours/day, year-round). |
| School (contact local school district for specific school location and dates). Initial screening – approximately 90 minutes. Possible follow-up evaluation. Developmental Preschool varies by availability and needs of child. |

Washington State Department of Early Learning Resource Center

This referral is for 12 months of licensed child care with 50 hours, and income or work requirements for parents. If families do not start Child Welfare Continuing Childcare (CWCC) before case closure, it may be accessed up to six months after the child welfare case closed.
## Public Health
- Nurse Family Partnership (NFP)
- Maternity Support Services and Infant Case Management (IMC)
- Children with Special Health Care Needs (CSHCN)

## Mental Health
- Infant and Early Childhood Mental Health (IECMH)
- Parent-Child (Formerly known as Parent-Child Home Program)

## Home Visiting
- Parents as Teachers (PAT)
- Early Support for Infants and Toddlers (ESIT)
- Early Intervention or Birth to 3

## Home-Based Developmental Services
- Early Childhood Education and Assistance Program (ECEAP)
- Early Intervention

## Early Preschool
- Early Childhood Education and Assistance Program (ECEAP)
- EECAP and Head Start

## Preschool
- Child Find Screenings and Developmental Preschool
- Kaleidoscope Play and Learn

## Drop-in Play Groups
- Child Care Subsidy

## Child Care
- Working Connections Child Care Subsidy
- Child Welfare Continuation Childcare Benefit

### Additional Supports Provided
- Provides advice, support, and information throughout pregnancy and after the baby's arrival, until 3 years of age.
- Connection to resources and community support.

### Preventative Health and Education Services
- Screen for possible risk factors.
- Registered nursing services, including nutritional counseling, brief solution-focused counseling, referral to community services, individualized care plan, care coordination, and care management.

### Enrollment Needed for
- Admissions for Medicaid.
- Medicaid or eligible for Medicaid.

### Qualifications
- Parents or guardians must be 18 years old.
- Children must be 3 years old.

### Referrals/Eligibility Qualifications
- First time mothers who are less than 28 weeks pregnant, and meet income guidelines.
- Pregnant women with babies who are not their first child are eligible for NFP in Clark, Cowlitz, Thurston, Mason, Lewis, and Spokane Counties.

### Appropriate Referrals
- Early Learning Programs in Washington
- Early Support for Infants and Toddlers (ESIT)
- Early Intervention

### Documents Needed for Enrollment
- Only documents required are enrollment forms completed with family and program staff.
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### Additional Information
- Provides mental health support for both children and their primary caregivers.
- Monthly connections on topics of interest identified by enrolled families and the program.
- Book and educational toy or activity provided with every visit, building a library for families over the course of the program.
- Connects to transportation support.
- Provides resources or connection to other community agencies.
- Connects to other community resources.
- Connects families to medical and dental providers for children.
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- Connect to other community resources.
- May provide gas cards or bus passes.
- Some programs may have limited transportation.
- Activity and snack provided at each group.
- Child care payment assistance – paid directly to child care provider.
- In-home CPS (Investigation or Family Assessment Response [FAR]), Family Reconciliation Services (FRS), Family Assessment Response (FAR), Family Reconciliation Services (FRS)
- Child care must be residing with a parent or guardian (only eligible if legal guardian was the subject of the intake).
- Child care must be included as part of the child welfare case plan.

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### Conversation Guide: Talking With Parents About Early Learning and Family Support Programs

**EARLY LEARNING PROGRAMS IN WASHINGTON**

**EARLY PRESCHOOL**

<table>
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<tr>
<th>Child Care</th>
<th>Drop-in Play Groups</th>
<th>Preschool</th>
<th>Home-Based Developmental Services</th>
<th>Early Preschool</th>
<th>Home Visiting</th>
<th>Mental Health</th>
<th>Public Health</th>
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- Connection to resources and community support.

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- Registered nursing services, including nutritional counseling, brief solution-focused counseling, referral to community services, individualized care plan, care coordination, and care management.

**Enrollment Needed for**

- Admissions for Medicaid.
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**Referrals/Eligibility Qualifications**

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- Pregnant women with babies who are not their first child are eligible for NFP in Clark, Cowlitz, Thurston, Mason, Lewis, and Spokane Counties.

**Appropriate Referrals**

- Early Learning Programs in Washington
- Early Support for Infants and Toddlers (ESIT)
- Early Intervention

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<th>DROP-IN PLAY GROUPS</th>
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<td>Early Support for Infants and Toddlers (ESIT) aka Early Intervention or Birth to 3</td>
<td>Early Childhood Education and Assistance Program (ECAP) and Head Start (EHS)</td>
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Notes/Local Agencies and Contacts (add your own)

Please visit the Help Me Grow website or contact Help Me Grow to locate additional early learning programs that may be available in your area.

Help Me Grow is a resource and referral linkage system, helping parents, caregivers, and professionals to navigate the complex system of services available to support families. Care coordinators are available to assist parents and caregivers in making the connection to resources in their community.

Visit https://helpmegrowwa.org, or call the coordinated access point, Within Reach, at 1-800-322-2588.